



# DEVELOPMENTAL SKILLS: 2-year-olds

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The third year of life is a like whirlwind as your toddler continues to reach new heights. New developmental milestones are reached from day to day. It is important to monitor a growing toddler's progress in achieving new skills to detect any delays early. Enjoy this third year as your child develops and conquers more and more in the areas of cognitive, fine motor, gross motor, language, self-care, and social/emotional skills.

## **Cognitive**

- Matches primary colors and shapes
- Understands "one"
- Identifies object by their purpose
- Rotates upside-down picture to upright position
- Names a missing object

## **Gross Motor**

- Walks on tiptoes
- Rides tricycle using pedals
- Throws a ball several feet
- Balances on one foot for a couple seconds
- Goes up and down stair alternating feet

## **Self-care/Activities of Daily Living**

- Remains dry between regular toileting
- Indicates need to use the toilet
- Puts on simple clothes without assistance
- Undoes large buttons, snaps, and shoelaces
- Begins to use a fork

## **Fine Motor**

- Imitates strokes with crayon in various directions
- Builds more than 8 block tower of one-inch blocks
- Snips with scissors
- Strings several half-inch beads
- Copies a circle from a drawing

## **Language**

- Refers to self by name
- Forms sentences greater than 4 words
- Uses three different sentence types
- Answers questions related to body part functions
- Follows three-step directions

## **Social/Emotional**

- Discriminates between boys and girls
- Identifies self when looking in a mirror
- Shares toys with others
- Identifies own sex
- Briefly separates from familiar person in strange environment